

MAY 2004

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Editors: Lauri Barwick and
Nina Macdonald

HRB Minutes - Tuesday, April 6, 2004

Present: Rachel Gamby (Chair), Michele Walot, Wayne Sandholtz, Jeffrey Beckwith, Rudy Xiong, Isabel De Figueiredo, Aileen Anderson, Brian Cummings, Andrew Herndon, Ron Reid

1. Call to Order

2. 4:30 Items

- *Recognizing Isabel de Figueiredo's contribution to the community as HRB Chair*

The HRB recognized four years of hard work on the HRB board by Isabel, including her year as chair. She was given a gift certificate to Fashion Island.

- *Meeting with UCI Police Department*

For non-emergencies, call 824-5223. For emergencies, call 824-5222 if you are on a cell phone, 911 from your home or office.

Jeff Hutchison (Assistant Chief of Police) and Steve Monsanto of the UCI Police visited the HRB. University Hills is as different a community as the UCI-PD is an unusual department. Animal protection is via City of Irvine, but the rest of police enforcement is via UCIPD. Response time is less than 5 minutes, rather than 5-13 minutes (44 sq miles of Irvine). There are 2 to 4 officers on a shift, and UCI has an assistance agreement with the City of Irvine. UCIPD assists the City of Irvine once a week with an officer, while Irvine assists UCIPD once a month with several officers at a time. Particular issues are the pedestrian crossing at Peltason, chairs in the pool, speeding on Gabrielino, school bus flashing lights being ignored. 9 years ago, we had a repeat burglar, but nothing major in recent years. The police shoot for routine patrols once per officer shift (= 2 patrols per day). They are writing tickets in University Hills (school bus violation is >\$300 ticket). 2 motorcycle officers will be added to the force this May and pro-active traffic enforcement on campus and in University Hills will increase. This includes cyclists failing to stop at stop signs. Laser radar speed detection has also been added to their arsenal. Engineering gateway crossing has poor lighting and pedestrians can be lulled into a false sense of security by cross walks.

The UCIPD also had a meeting with 18 residents neighboring the Garden Park to brainstorm about problems in the park (noise late at night, marijuana smoking, alcohol, inappropriate behavior etc...). Specific problem kids are known by name, but 90% of persons stopped by the police are non-residents; thus a University Hills parking sticker might be helpful both as deterrent and to assist UCIPD.

3. Old Business

- *Monthly Operations Report - Andrew*

ICHA is considering the need to increase the monthly homeowner's dues (in the \$2-\$5/month range) to cover increases in insurance, water, utilities and reserve requirements.

- *Architectural reviews*

A house on Perkins received approval to replace some existing mullioned windows with plain windows to match plain windows in the addition on the same side of their structure. A house on Twain has received approval for landscaping their backyard. A house on Whistler received approval for a room addition. The HRB has asked ICHA to remind home-owners to complete landscaping on their yards. The HRB discussed rules pertaining to landscape completion and will review a former rule requiring a hold-back in the price of a home to be refunded upon completion.

- *ICHA access to listserv*

The HRB has voted to allow ICHA (and Andrew Herndon and Ron Reid in particular) direct access to the UniHills listserv. This will allow ICHA to post important and urgent bulletins directly and monitor University Hills issues. Detailed discussions with ICHA should be taken off-line.

- *Update on non-resident issue*

The HRB and ICHA have received several complaints regarding a perceived violation of ownership by an

individual in the Phase VII area. ICHA will be meeting with the owner to better understand the circumstances in question.

- *Parks Committee meeting with ICHA – Andrew*

There are on going discussions of adding a second basketball court, and the conversion of the 60 foot circle to a play structure is under study by the play structure subcommittee. The tentative start of the California extension is slated for June or July. The dog park cannot be built until California and heavy truck traffic into/out of phase 8 have been completed because the only way in and out of the construction site would be via the dog park's location.

- *Report on HRB subcommittee meeting with CEPC on 3/19 - Jeff and Rachel*

HRB would like to thank Mike Delo from Parking and Transportation for all his help and positive interactions with the HRB regarding the parking structure and wish him luck at his new job as Assistant Dean in the School of Social Sciences.

4. New Business

- *Need for garbage bins and park benches on sidewalks in phase 8*

Five new trashcans for Phase 8 will be installed by ICHA by the end of April. Andrew will meet with Brian re: placement of park benches in and about Phase 8.

- *Urgent need for landscaping revisions between Murasaki and Southern Radial given that southern Radial will be built much earlier than originally anticipated.*

Southern radial budget has no money for landscaping. ICHA is waiting for the final elevation determination of the Southern Radial vis-à-vis the elevation of the foundation of houses on Murasaki. ICHA is considering closing the paseo from O'Keefe down to the Southern Radial. ICHA would like to hold off on planting until a firm curb and sidewalk are installed so any new plants don't get destroyed by construction..

- *ICHA / HRB relationship*

Report on Lunch with Isabel, Rich, and Chuck – Rachel

The HRB voted unanimously to request the U-Hills webmaster to add a link to the ICHA web site from the "Governance" section of U-Hills web site.

- *Review of preparation of HRB minutes procedure*

Members discussed the minute taking procedure for HRM meetings and agreed to the following guidelines.

HRB Meeting Minutes Procedure

1. The HRB Meeting minutes are a permanent record of the issues discussed/deliberated by the Homeowners Representative Board at their monthly meetings.
2. Minutes need to be written and circulated to all HRB members and ICHA Management personnel who attended the meeting (usually Andrew Herndon and Ron Reid) for editing suggestions, corrections, and factual additions.
3. Minutes should be circulated to HRB members for editing suggestions no later than the 15th, asking for responses by the 18th. Members should indicate in the response that they concur with the minutes.
4. Minutes about architectural reviews should not include homeowner's names or specific street numbers.
5. The minute taker has final say about the version of the HRB's minutes ultimately published.
6. The minute taker is responsible for emailing the final version of the minutes to Lauri Barwick for inclusion in the next newsletter - the 20th is the deadline for getting them to her - laurirb@earthlink.net
7. The email to Lauri with the final version of the minutes should be copied to all HRB members and to Andrew, Ron, and Jane in ICHA Management:
8. The minute taker will also post the final version of the minutes to the U-Hills listserv.
 - *Request to implement changes in the wait-list rules for homeownership.*

The HRB unanimously supports the proposal below and would very much appreciate the ICHA Board considering implementing this change if it is in the ICHA Board's power to make such a policy change. If such a change in policy involves other UC entities, the HRB would appreciate the ICHA Board's opinion and advice as to how we could go about requesting consideration of such a change with the correct authorities.

University Hills Purchase List

Currently, newly hired Senate Faculty have "priority" status on the University Hills house purchaser list for two years after their hire date (i.e. someone hired July 1, 2004 will have priority status until July 1, 2006—provided they request that their name be put on the list). This system applies to all new hires equally and yet in effect it is unfair to new Assistant Professors:

Assistant Professors are less likely to have the equity and credit rating to make it possible to buy within the first two years having a job. Assistant Professors in schools other than medical and scientific fields do not have access to start-up funds to assist with purchase of a house.

It is daunting for people at this early stage of their careers to take on the responsibility of a mortgage on top of student debts when the job security of tenure has not yet been obtained.

Assistant Professors have significantly lower salaries than newly recruited senior faculty and so are unlikely to be able to purchase the house they may need just a few years later when they have a higher salary, a partner, children, etc. Yet this is their only opportunity to buy a house in University Hills.

Assistant Professors are less likely to make detailed inquiries about house buying opportunities during the recruitment process than people at more advanced stages of their careers, and in some cases do not learn the importance of the “list” until it is too late to use their newly hired “priority” status.

We propose that this system be modified to allow **all** Assistant Professors the **option** to put their names on the priority list for a two-year continuous period starting from any time from their hire-date to the beginning of their first year as Associate Professors.

5. Adjournment

---Respectfully submitted by Brian Cummings

LETTER TO THE EDITOR

SLAB LEAK WARNING

There has been a rash of slab leaks in University Hills, with at least two on Whitman and two on Schubert in the past month. If there is a warm spot on your floor or water comes up through the flooring, you likely have a leak in the copper water pipe running under your slab. If this occurs, you need to call a good plumber and should consider re-piping your house.

---J. Nowick, Schubert Ct.

RESPONSE TO LETTER TO THE EDITOR

SLAB LEAK / ADDITIONAL COPPER PLUMBING INFORMATION

The IRWD / UCI delivers water to U Hills at two different pressure levels. You will experience varying pressures depending on where your home is situated on the hill, not only due to the delivery pressure, but also due to the effects on gravity and demand on the delivery system. Spiking in pressure can cause stress on a residential plumbing system, particularly if your **Pressure Regulator Device (PRV)** is not functioning properly. Homes with malfunctioning PRV units are more inclined to develop plumbing related problems so it is wise to periodically check your house pressure. A pressure meter is available at the Community Development office that you can check out to test your house system. Please call ahead (824-2424) to insure the testing device is available.

---Andrew Herndon / ICHA Community Development

EARTHQUAKE READINESS AND EMERGENCY WATER SHUT-OFF FOR UH HOMES (Reprinted from an earlier newsletter)

Over the years, a number of residents have contacted the ICHA Offices in a panic over how to shut off water service to their homes. Most often, their need is associated with private irrigation system malfunctions resulting in leaks or geysers from broken mainlines, or a flood from a washing machine service hose connection.

There are eight (8) different styles of homes (including the Condos) in University Hills and the one thing that is common to all is that the MAIN WATER SHUT-OFF, or PRIMARY SHUT-OFF, is located in the concrete water meter box at the street edge or parking lot curbside. Within each of the boxes you will find the meter which measures your water flow and two valves on either side of the meter. Either of the valves when turned with a pair of pliers or by hand, will completely shut off water service to your home and landscaping.

The SECONDARY SHUT-OFF for all single family homes is typically located in the garage, just inside the main garage door and is in line with the main service pipe. At this location, there is a handle and valve that, when turned, shuts water off to the house. Often, however, a connection or irrigation tie-in is made in between the primary and secondary shut-offs in order to irrigate the yard with higher pressure or non-softened water. It is advisable to locate this tie-in point as it often

has an isolation valve to shut down the irrigation service. Their locations can vary, but usually occur just beyond the meter box or near the point of mainline entry into the garage.

The Schubert and Whitman Condo homes have the same type of Secondary Shut-Offs as the single family and townhomes do, however, they are not always located in the garages. Some are on the side of the buildings and have embossed tags that have the address of the unit they serve stamped into a round metal medallion, which is attached to the pipe entering the house. The Schubert Condo water entry locations are outside the utility closets that house the individual unit hot water heaters.

Every home in University Hills has a PRESSURE REDUCTION VALVE in line at the secondary shut-off location. This device provides regulation of the incoming water to ensure that pressure spiking will not damage appliances or plumbing fixtures. IRWD / UCI-delivered water pressure does vary across the Hill. Spiking in pressure can cause stress on a residential plumbing system, particularly if your **Pressure Regulator Device (PRV)** is not functioning properly. Homes with malfunctioning PRV units are more inclined to develop plumbing related problems so it is wise to periodically check your house pressure. A pressure meter is available at the Community Development office. You can check it out to test your house system. Simply call 824-2424 to reserve the device or drop by to see if it is available. It is advisable to service these valves regularly and in no case go beyond 5 years without service or replacement.

THE WEAKEST LINKS IN YOUR HOME PLUMBING are the flexible washing machine water lines, particularly the hot water service line. The rubber types are the most prone to failure and have been responsible for home damage on the Hill as high as \$40,000. The stainless steel braided type of hose carries a higher rating and typically lasts longer. In any case, replace all hoses on a scheduled basis for maximum protection... they are very inexpensive.

During a flood at one of the U. Hills homes, the Orange County Fire Department responded and provided aid to the stricken homeowner. They recommended that before you begin circulating through the wet conditions, all power should be shut down to avoid possible electrical shocks. Circuit Breakers are designed to trip under such circumstances, but shutting down unnecessary power does provide a secondary level of safety.

---Andrew Herndon, ICHA

STREET BIOGRAPHY - JOYCE (One in a series continuing to appear in the newsletter)



James Joyce was a 20th century writer whose creative ingenuity revolutionized modern literature. Born James Augustine Aloysius Joyce in Dublin, Ireland, in 1882, Joyce was the eldest of 10 children. His family was Roman Catholic, middle-class, yet often impoverished.

Joyce began publishing his work during his college years, and in 1902 he received a university degree in modern languages. Two years later, he met and fell in love with Nora Barnacle, a chambermaid. By that time, Joyce was disappointed and bitterly frustrated by his stifling environs and decided to leave both the Catholic Church and Ireland. Nevertheless, the city and people of Dublin were the underpinnings of his subsequent –and often controversial– works. Joyce and Nora first settled in Italy, where their two children were born. Joyce continued his writing while he worked at various jobs to support his family and later relied on the largesse of family and patrons.

Joyce's first major work, *Dubliners*, a collection of short stories, was finally published in 1914 after several years of battling publishers who objected to what they considered coarse language and inappropriate subject matter.

Two years later saw the publication of the semi-autobiographical *A Portrait of the Artist as a Young Man*. In this work, Joyce used stream of consciousness, a literary technique that he developed further in *Ulysses*, a novel about one day in the lives of two Irishmen. (The day Joyce wrote about in *Ulysses* was the date when he and Nora first went out together.) *Ulysses* was published in Paris in 1922 but banned in Britain and America for years.

Joyce's final work, *Finnegan's Wake* (1939), was poorly received. About the book's enigmatic style and syntax, Joyce

said that it "...would keep the critics busy for three hundred years." Joyce's family life was itinerant, moving between London, where he and Nora married in 1931, and continental Europe. In 1934, while living in Zürich, their daughter Lucia became Carl Jung's patient; she was diagnosed as schizophrenic and died in an English mental hospital in 1982. James Joyce was half-blind most of his life; he suffered eye-trouble, including glaucoma, and underwent more than ten operations. He died of a stomach ulcer in Zürich in 1941, at the age of 58. His Promethean style and explicit realism made Joyce a literary legend in his own time. All his major works are regarded as masterpieces.

DINNER FOR UNIVERSITY HILLS RESIDENTS AT THE UCLUB

On Friday May 28th, the University Club will be open for dinner for the first time, featuring its new, healthier dinner menu. You don't have to be a UClub member to take advantage of this night out. All members of the UCI community are welcome. To RSVP, please call 824-7960.

Many changes have been talking place this year: (1) for this calendar year, all UCI affiliates are welcomed to eat lunch and attend any of our other events. (2) we have been opening for lunch on Mondays. The Club now serves lunch Monday-Friday from 11:30am - 1:30pm. We also have a new buffet as well as a completely new, healthier menu, including many vegetarian items.

The Club will also be hosting several other events during the month of May. Mother's Day Brunch will be served on Sunday, May 9 from 9:30am - 1:30pm. Outdoor picnic lunches will be served on May 14, 21, and 28 from 11:30am - 1:30pm in the new University Club Gardens.

Friday evening Happy Hours including free appetizers also in the new Gardens will be hosted on May 14, 21, and 28. The Club accepts cash, credit cards, and checks. Watch the U Club's website at www.uclub.uci.edu for information about upcoming events and to view our new menus.

CITY OF IRVINE HOSTS LET'S TALK TRANSPORTATION FORUM

The City of Irvine is hosting a Let's Talk Transportation Forum on Wednesday, May 12, 2004, from 6:30 - 8:30 p.m. in the Council Chambers at the Irvine Civic Center - 1 Civic Center Plaza (corner of Alton and Harvard). Learn about new construction, roadway systems, bike trails, bus routes, Centerline, and regional arterials through Irvine as well as the challenges and issues relating to transportation in our community. The Let's Talk Forum will begin with the history of transportation regionally and in Irvine, then it will focus on where we are today regarding growth in addition to framing the challenges for the future. The forum will wrap up with what is on the horizon, alternative transportation and mobility options. The event will also consist of several presentations given by representatives from the Orange County Transportation Authority (OCTA), Transportation Corridor Agencies (TCA) and the City of Irvine, followed by a question and answer session.

For more information, please call (949) 724-6380 or visit www.ci.irvine.ca.us, <http://www.ci.irvine.ca.us/>, <http://www.ci.irvine.ca.us/> for more information.

NEWS FROM IRVINE RANCH WATER DISTRICT (IRWD)

Water Conservation Tips

- This is the growing season for most plants, making it the optimal time to fertilize. For this growth stage, look for a balanced, organic fertilizer suitable for Orange County to promote even growth.
- NOW is the time to water deeply to encourage deep root growth. Aerating your lawn can improve root growth. Orange County has predominantly heavy clay soils, which absorbs water at a slower rate. To get the deep water penetration, try watering for short periods twice or even three times in one day at least an hour apart. This watering pattern produces better root growth than watering a little every day.
- Water your lawn only when it needs it. Check by stepping on the grass. If it springs back up when you move, it doesn't need water. If it stays flat use the sprinkler. See suggested watering schedule below. Check the moisture of the soil 3-6" below the surface. With our heavy clay soils, the surface may look dry, but the clay remains moist beneath the surface.
- Important Note: Landscapers may turn sprinkler controllers up too high. Watch for runoff and check for broken sprinkler heads. Runoff will carry fertilizers into the storm drain and contribute to pollution in our waterways.

Suggested Weekly Watering Schedule for the month of May

WEEKLY WATERING SCHEDULE FOR SPRAY HEAD IRRIGATION SYSTEMS

	Turf grass	Trees, shrubs, groundcover	Percent Option
May	3 days, 3 cycles* of 3 minutes	2 days, 3 cycles* of 3 minutes	80%**

**By "cycling" your irrigation timer to turn on for the suggested number of minutes an hour apart, you reduce runoff and gain deeper watering and healthier root growth. Start with this weekly schedule and increase the times only if your plants show signs of stress. If stress occurs only in isolated areas, check your irrigation system before increasing the time. Spring is the most active growth period for turf grass and other plants. Be sure to water adequately.*

*** Some irrigation controllers have a feature by which the watering time can be set by changing the percentage instead of specifically entering the days, cycles and minutes*

GET READY FOR SUMMER...SIGN UP TODAY!

Campus Recreation Youth Summer Classes/Clinics are offered in the following sports:

- Basketball
- Fencing
- Inline Skating
- Lacrosse
- Rock Climbing
- Sailing (with parent)
- Swimming
- Tennis
- Volleyball

For more information: (949) 824-3738; www.campusrec.uci.edu

UC IRVINE CAMPUS RECREATION - 2004 University Hills Summer Aquatics Program

About the Program

UC Irvine, Department of Campus Recreation will again offer the swim instruction program at University Hills. This program, group lessons, is open to children age 3 years and up. Only University Hills residents are eligible for these swim lessons.

All lessons will be offered at the "upper" pool in University Hills (near the tennis courts). Instruction will begin July 12, 2004. Classes will be offered in three two-week sessions, which will meet 3 days a week (Monday-Wednesday-Friday). All classes are 25 minutes in length and taught in the mornings between 9:00am and 12:00 noon. Classes will have a minimum of 3 and a maximum of 5 students. All children will receive a UCI Campus Recreation Swim Certificate. All instructors have completed Red Cross certification in Lifeguard training along with UCI's in-service training program. This program is supervised by the Campus Recreation staff.

Dates

- Session 1 July 12-July 23 2004
 Session 2 July 26- August 5, 2004
 Session 3 August 9-August 19, 2004

Enrollment: First day of sign ups at the "upper" Uni Hills pool, Wednesday June 2, 4:30-6:00pm

Enrollments will continue for all classes through Campus Recreation Services in the Anteater Recreation Center. The office is located on the second floor and is open from 8am – 6pm. You may pay with cash, check (payable to UC Regents) or credit card (Visa/ Master Card). Bring the form to the office or mail the completed form (**with signed waiver**) to: **Campus Recreation Services, 680 California Ave., Irvine, CA 92697-4515.** Please register no later than the 5 days prior to session to ensure confirmation and to allow staff to make any class adjustments that are need for each session.

Cost. \$35

Levels: Levels 1-4 are listed on the enrollment forms. These will be used as our guidelines and will be adjusted and adapted to meet the individual participants. We will attempt to group students by age and ability.

Private Lessons

Private lessons will be offered through UCI Campus Recreation and taught by our staff of instructors. Private and Semi- private lessons are available for children 2.5 and up. The lessons will be available 9am -12noon, space permitting, and in the afternoon between 2:30pm and 4:30pm. The Private lesson schedule will vary to accommodate pool use and staffing demands. Private swim lesson sign ups will be available at the ARC beginning Monday, June 14th. **Cost:** \$14 for privates, \$16 or semi-privates (\$8 per student) for a 25 minute lesson. Semi private children must be at the same level, and must be grouped by the participants.

ARC Swim Lessons

Swim classes will also be offered through Campus Recreation at the Anteater Recreation Center. Adult lessons as well as children's classes are offered. These classes will include more advanced levels. It is a larger pool and more appropriate for those levels. This year lessons at the ARC are open to the children of UCI Students*, UCI Faculty*, UCI Staff*, and all ARC members.

*Do not need to be ARC members to sign their children up.

2004 Summer Aquatics Schedule University Hills

Session Dates	Time	Days	Level
July 12 th – July 23 rd	9:00 – 9:30am	Mon/Wed/Friday	1 – Water Exploration 2 – Primary Skills
July 12 th – July 23 rd	9:30 – 10:00am	Mon/Wed/Friday	2 – Primary Skills 3/4 – Stroke Readiness/Development
July 12 th – July 23 rd	10:00 – 10:30am	Mon/Wed/Friday	1 – Water Exploration 2 – Primary Skills
July 12 th – July 23 rd	10:30 – 11:00am	Mon/Wed/Friday	2 – Primary Skills 3 – Stroke Readiness
July 12 th – July 23 rd	11:00 – 11:30am	Mon/Wed/Friday	1 – Water Exploration 3/4 – Stroke Readiness/Development
July 12 th – July 23 rd	11:30 – 12:00pm	Mon/Wed/Friday	2 – Primary Skills 1 – Water Exploration

July 26 th – August 5 th	9:00 – 9:30am	Mon/Wed/Friday	1 – Water Exploration 3 – Stroke Readiness
July 26 th – August 5 th	9:30 – 10:00am	Mon/Wed/Friday	2 – Primary Skills 1 – Water Exploration
July 26 th – August 5 th	10:00 – 10:30am	Mon/Wed/Friday	3 – Stroke Readiness 2 – Primary Skills
July 26 th – August 5 th	10:30 – 11:00am	Mon/Wed/Friday	4 – Stroke Development 1 – Water Exploration
July 26 th – August 5 th	11:00 – 11:30am	Mon/Wed/Friday	1 – Water Exploration 3 – Stroke Readiness
July 26 th – August 5 th	11:30 – 12:00pm	Mon/Wed/Friday	2 – Primary Skills 4 – Stroke Development
August 9th – August 19th			
August 9 th – August 19 th	9:00 – 9:30am	Mon/Wed/Friday	1 – Water Exploration 2 – Primary Skills
August 9 th – August 19 th	9:30 – 10:00am	Mon/Wed/Friday	2 – Primary Skills 3 – Stroke Readiness
August 9 th – August 19 th	10:00 – 10:30am	Mon/Wed/Friday	3 – Stroke Readiness 1 – Water Exploration
August 9 th – August 19 th	10:30 – 11:00am	Mon/Wed/Friday	1 – Water Exploration 2 – Primary Skills
August 9 th – August 19 th	11:00 – 11:30am	Mon/Wed/Friday	2 – Primary Skills 4 – Stroke Development
August 9 th – August 19 th	11:30 – 12:00pm	Mon/Wed/Friday	1 – Water Exploration 3 – Stroke Readiness

Detailed level descriptions are included on the enrollment form and on the Campus Recreation web site: <http://www.campusrec.uci.edu>.

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UNIVERSITY HILLS SUMMER 2004 SWIM PROGRAM REGISTRATION

ACTIVITY INFORMATION: (Please Print Legibly)

Use this form to register in Campus Recreation's University Hills Summer Swim Program. Make checks payable to UC REGENTS or if paying by VISA or MasterCard, include card number along with expiration date. No refunds will be administered after the 1st class session.

Session	Class #	Date	Time	Level	Fee

PARENT/PARTICIPANT INFORMATION:

Child's Name: _____
(First Name) (Last Name)

Male Female (circle one)

Child's Age: _____

Parent's Name: _____
(First Name) (Last Name)

Address: _____ City: _____ Zip: _____

Home Phone: _____ Work Phone _____ Email Address: _____

Levels

The descriptions below are the skills required for Red Cross Certification. These will be used as our guidelines and will be adjusted and adapted to meet the individual of the participants. We will attempt to group students by age and ability.

Level 1: Water exploration - fully submerged face, blowing bubbles. supported floating and kicking on front and back, beginning alternating arm action and water safety rules.

Level 2: Primary skills - retrieving objects, floating and kicking on the front and back, rhythmic breathing combined stroke on front and back, turning over from front to back and back to front.

Level 3: Stroke readiness - self rescue skills, coordinated front crawl, introducing side breathing, fundamentals of elementary backstroke and back crawl, seated diving from the deck, treading water.

Level 4: Stroke development- front crawl, introduction of sidestroke and breaststroke, and improved efficiency of strokes and endurance.

FOR OFFICE USE ONLY

Fee: _____ Cash Check # _____ Visa MasterCard Payroll Deduction
Clerk: _____ Date: _____ Acct#: _____ Exp Date: _____